

Health Related Writing Prompts

- Write about your thoughts regarding obesity. Do you believe we have an obesity epidemic in our country, our state, and our county? Why or why not?
- Write about smoking in public places. Do you agree that smoking should be banned from all school campuses? Why or why not?
- Write about marijuana use. Without naming names, do you feel we have a marijuana problem in our school? Do you believe the possession and sale of marijuana should be legalized or should it remain illegal?
- Does the fast-food industry play a role in obesity? Should fast-food chains such as McDonald's be held responsible for people being overweight?
- Should tobacco companies be held responsible for people dying of lung cancer?
- Do you believe addictions, such as alcoholism, are medical conditions? Should the government spend more money to help people with addictions?
- Does our society place too much stress on people? What stresses you out?
- Should the legal drinking age be lowered or raised? Why or why not? What might be the consequences of lowering the drinking age?
- Detail a story that draws from an experience in which you had to care for someone who was ill or injured. How did you help him or her to feel better and what did you learn in the process?

Writing from Informational Text

Have students read the article and address the writing prompts below:

<http://healthyamericans.org/report/103/>

What is the outlook for the health of American students? Is there any connection between student health and academic achievement? If so, how can schools address this challenge?